



Headachemasterclass

- *Learn how to diagnose and manage headache effectively*
- *A course presented by the foremost headache experts and opinion leaders*
- *Accredited for 6 CPD points*

100%
of our delegates in
November 2009 rated
this Masterclass as
'good' or 'excellent'

11th June 2010
£75

Royal College of Physicians
Regent's Park, London



Overview

A one day Masterclass for General Practitioners, Specialist Registrars in General Practice and Neurology, Specialist Nurses and other health professionals designed to improve the skills required to successfully diagnose and manage patients suffering from headache disorders.

WHY LEARN ABOUT HEADACHE DISORDERS?

- Headache is one of the commonest reasons for patients to consult with a doctor
- The burden of headaches on patients, health services and society as a whole is extremely high
- Headache syndromes are under-estimated, under-diagnosed and under-treated
- Patient's quality of life can be greatly improved by effective diagnosis and treatment

LEARNING OBJECTIVES

- Develop a better understanding of secondary headaches such as high and low pressure headaches, medication overuse headache, post-traumatic headaches, and other symptomatic headaches
- Diagnose and evaluate patients with common headache disorders including migraine, tension type headache, cluster headache and chronic daily headache
- Understand the basic mechanisms and pathophysiology that underlie headache disorders such as migraine, cluster headaches and hormonally triggered headaches
- Develop an appropriate, multidimensional treatment plan that includes abortive, preventive and bio-behavioural treatment strategies for patients with headache disorders

Speakers

DR MANJIT MATHARU

Senior Lecturer, Consultant Neurologist, and Academic & Clinical Lead of the Headache Group at the Institute of Neurology and The National Hospital for Neurology and Neurosurgery, London.

DR PAUL SHANAHAN

Consultant Neurologist, Headache Group, The National Hospital for Neurology and Neurosurgery, London.

DR BRENDAN DAVIES

Consultant Neurologist and Director, North Midlands Headache Clinic, University Hospital of North Staffordshire, Stoke-on-Trent.

DR GILES ELRINGTON

Consultant Neurologist leading the Headache clinic at Barts and the London NHS Trust, London and Director of the City of London Migraine Clinic, London.

DR MICHAEL MCKENZIE

General Practitioner with a Special Interest (GPwSI) in Headache with the West of Scotland Headache Group in the Southern General Hospital, Glasgow

DR ALOK TYAGI

Consultant Neurologist at the Institute of Neurological Sciences and Lead Clinician for the West of Scotland Regional Headache service, Southern General Hospital, Glasgow.

DR DAVID WATSON

General Practitioner with a Special Interest (GPwSI) in Headache working in Aberdeen.

DR TIM YOUNG

Locum Consultant Neurologist, Headache Group, The National Hospital for Neurology and Neurosurgery, London.

A one-day course in headache diagnosis & management *for clinicians*

Programme

08.30-09:00	Registration and Refreshments	
09:00-09:15	Introduction and Overview	Dr Paul Shanahan

SESSION 1 ASSESSMENT OF HEADACHES - WHEN TO WORRY? Chair: Dr Manjit Matharu

09:15-09:35	History taking in headache	Dr Michael McKenzie
09:35-10:10	Secondary causes of headache	Dr Alok Tyagi
10:10-10:30	Investigation of headaches: Who and when?	Dr David Watson
10:30-11:00	REFRESHMENTS	

SESSION 2 COMMON HEADACHES – MIGRAINE AND TENSION-TYPE HEADACHE Chair: Dr Michael McKenzie

11:00-11:30	Diagnosis and pathophysiology of migraine and tension-type headache	Dr Brendan Davies
11:30-11:50	Abortive treatments of migraine and tension-type headache	Dr Paul Shanahan
11:50-12:30	Preventive treatments of migraine and tension-type headache	Dr Manjit Matharu
12:30-13:30	LUNCH	

SESSION 3 COMPLICATING FACTORS AND CHRONIC DAILY HEADACHE Chair: Dr David Watson

13:30-14:00	Medication overuse and chronic daily headache: diagnosis and management	Dr Brendan Davies
14:00-14:40	Hormonal issues in migraine	Dr Giles Elrington
	PATIENT GROUPS PRESENTATIONS	
14:40-14:45	Migraine Action	Lee Tomkins
14:45-14:50	Migraine Trust	Wendy Thomas
14:50-14:55	Organisation for the Understanding of Cluster Headaches (UK)	Les Charlton
14:55-15:00	Trigeminal Neuralgia Association (UK)	Jillie Abbott
15:00-15:30	REFRESHMENTS	

SESSION 4 LESS COMMON HEADACHE DISORDERS Chair: Dr Brendan Davies

15:30-16:00	Cluster headache and other trigeminal autonomic cephalalgias	Dr Manjit Matharu
16:00-16:20	Rare headache syndromes	Dr Tim Young
16:20-17:15	Case histories and interactive discussions	All Speakers

How to Register

ONLINE

Register and book your place on the course online at:
www.headachemasterclass.com

POST

Complete and post the enclosed form with your payment to:
Headache Masterclass Ltd
14-18 Heddon Street
London, W1B 4DA

FAX

Complete the enclosed form with your credit or debit card details and fax to:
07092 120797

PROBLEMS

If you are having any problems please email us or contact us on:
Email: info@headachemasterclass.com
Tel: 020 7127 5090

CONFIRMATION

Once we have received written/email confirmation of your registration along with full payment, we will send you an email confirmation as to whether your booking has been successful.

If you have not received this two weeks before the Headache Masterclass course, please contact the course organiser, as any invoices issued must be honoured. We must receive full payment prior to the Course date.

▪ **COURSE FEE: £75**

Testimonials

“A good balance between the detailed and pragmatic”

“I wanted a comprehensive update and that has been delivered. Thank you”

“First class venue and refreshments”

“All speakers very approachable to questions and discussion”

“Well conducted and well catered to all groups of audience”

ENDORSED BY



Trigeminal Neuralgia Association UK
Facing pain together



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The venue hire and catering are supported by a grant from Merck Sharp & Dohme Ltd.
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